



Our Seven Spiritual Capacities



Curiosity

To be curious is our hearts way of asking questions and exploring the world to learn, grow and understand life's wonders.

Captivation

To be captivated means to be enthralled or absorbed by something that is fascinating, or beautiful.



Courageous Contributor

To be an courageous contributor means to be an agent of change to make the world a better place for everyone.

Compassionate

To be compassionate is love in action. It means seeing someone who needs help and being that person who helps others to create a kinder world.



Contemplation

To contemplate means to think deeply and seriously. It means to stop and take a moment to reflect on ourselves, others, the world and God.

Consciousness

To be conscious means to be aware of ourselves and have an understanding of our impact on others, the World and God's impact on us.



Creativity

To be creative means to have the ability to generate ideas, solutions and or expressions. It helps us think, feel and express ourselves in many ways.