

Having faith in God, ourselves and each other as we strive to reach our potential



## Physical Education Curriculum Overview / Coverage Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>						
Rec	Fundamentals Me & Myself	Fundamentals Working with Others	Gym Jack & The Beanstalk	Invasion Games Football	Net and Wall <b>Squash</b>	Ball Skills & Tennis
<b>Key Stage 1</b>						
Y1	Lesson 1: Gymnastics	Lesson 1: Net and Wall <b>Squash</b>	Lesson 1: Invasion Games Handball	Lesson 1: Invasion Games: Football	Lesson 1: Striking and Fielding Rounders & Tri Golf	Lesson 1: Athletics
	Lesson 2: <b>Dance</b>	Lesson 2: Invasion Games: Football	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Net and Wall <b>Squash</b>	Lesson 2: Net & Wall Tennis	Lesson 2: Invasion Games Tag Rugby League
Y2	Lesson 1: Net and Wall <b>Squash</b>	Lesson 1 Gymnastics	Lesson 1: Gymnastics/Squash	Lesson 1: Invasion Games Handball	Lesson 1: Net and Wall <b>Squash</b>	Lesson 1: Striking & Fielding Cricket
	Lesson 2: Invasion Games Handball	Lesson 2: <b>Dance</b>	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Invasion Games Football	Lesson 2: Net & Wall Tennis	Lesson 2: Athletics

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Key Stage 2						
Y3	Lesson 1: Gymnastics	Lesson 1: Net and Wall <b>Squash</b>	Lesson 1: OAA Orienteering	Lesson 1: <b>Dance</b>	Lesson 1: Athletics	Lesson 1: Net and Wall Tennis
	Lesson 2: Invasion Games: Football	Lesson 2: Invasion Games Hockey	Lesson 2: Invasion Games Netball	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Striking and Fielding Rounders & Tri Golf	Lesson 2: Net and Wall <b>Squash</b>
Y4	Lesson 1: Net and Wall <b>Squash</b>	Lesson 1: Invasion Games Football	Lesson 1: <b>Dance</b>	Lesson 1: Invasion Games Hockey	Lesson 1: Net & Wall Tennis	Lesson 1: Striking and Fielding Cricket
	Lesson 2: OAA Orienteering	Lesson 2: Dodgeball	Lesson 2: Net and Wall <b>Squash</b>	Lesson 2 Gymnastics	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Athletics
Y5	Lesson 1: Invasion Games Hockey	Lesson 1: Invasion Games Netball	Lesson 1: Swimming	Lesson 1: Swimming	Lesson 1: Swimming	Lesson 1: Swimming
	Lesson 2: Gymnastics	Lesson 2: Invasion Games Football	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Net and Wall <b>Squash</b>	Lesson 2: OAA Orienteering/ <b>Dance</b>	Lesson 2: Striking & Fielding Cricket
Y6	Lesson 1: Swimming	Lesson 1: Swimming	Lesson 1: Invasion Games Netball	Lesson 1: OAA Orienteering/Sports Leaders	Lesson 1: Athletics	Lesson 1: Striking & Fielding Rounders & Tri Golf

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	Lesson 2: Invasion Games Football	Lesson 2: Gymnastics	Lesson 2: Net and Wall Squash	Lesson 2: Invasion Games Tag Rugby League	Lesson 2: Invasion Games Hockey	Lesson 2: Dance
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*PECO Schools - Matt Ward (Healthy Active Lifestyle)*

Term	Year Group	Year Group	Year Group
Autumn 1	3	5	6
Autumn 2	4	5	6
Spring 1	1	2	3
Spring 2	2	4	6
Summer 1	EYFS	1	4
Summer 2	EYFS	1	2

*Emma Jones - Dance*

Term	Year Group (Tuesday)
Autumn 1	1
Autumn 2	2
Spring 1	4
Spring 2	3
Summer 1	5
Summer 2	6

*John Newton - ProSquash*

Term	Year Group (Thursday)	Year Group (Friday)
Autumn 1	4	2
Autumn 2	3	1
Spring 1	4	6
Spring 2	5	1

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<i>Summer 1</i>	<i>EYFS</i>	<i>2</i>
<i>Summer 2</i>	<i>3</i>	<i>TBC</i>

<i>Swimming</i>	<i>Year Group</i>
<i>Autumn 1</i>	<i>6</i>
<i>Autumn 2</i>	<i>6</i>
<i>Spring 1</i>	<i>5</i>
<i>Spring 2</i>	<i>5</i>
<i>Summer 1</i>	<i>5</i>
<i>Summer 2</i>	<i>5</i>

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